## Art Journaling for Older Adults: Drips, Drops, Splatters, and Spray

Thursday, June 20, 3:30 - 5:00 PM Mountain Time

Instruction for this program takes place over Zoom.

You can join this program individually over Zoom at this link:

https://us02web.zoom.us/j/83583813279

Or you can tune in at the Ford-Warren library branch community room, where supplies will be provided.

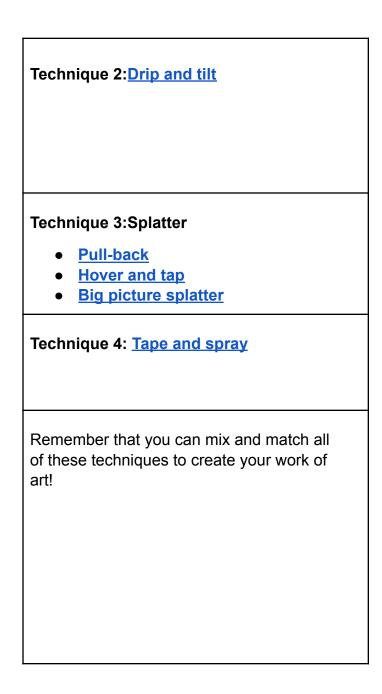
## **Supplies**

- Spray bottle
- Straw or eye dropper
- Varying paint brushes
- Old toothbrush or any other fun household item that you'd like to paint with
- Recycled plastic card (like a library card, gift card, etc)
- Cups to mix paint
- Water
- Paint tape
- Acrylic paints and watercolor paints
- Paper towel
- Water

Note: This will be a messy-ish project. Consider doing this outside, laying down a tarp or table cloth, wearing gloves and an overshirt.

\*Feel free to incorporate any other supplies you see fit.\*

Technique 1: <u>Drop and smear with acrylic paint and credit card</u>



If you have any questions or would like to share pictures of your journal, please email scrain@denverlibrary.org or call the library helpline: 720-865-1111.