

## Art Journaling for Older Adults: Drips, Drops, Splatters, and Spray

Thursday, June 20, 3:30 - 5:00 PM Mountain Time

Instruction for this program takes place over Zoom.

You can join this program individually over Zoom at this link:

<https://us02web.zoom.us/j/83583813279>

Or you can tune in at the Ford-Warren library branch community room, where supplies will be provided.

### Supplies

- Spray bottle
- Straw or eye dropper
- Varying paint brushes
- Old toothbrush or any other fun household item that you'd like to paint with
- Recycled plastic card (like a library card, gift card, etc)
- Cups to mix paint
- Water
- Paint tape
- Acrylic paints and watercolor paints
- Paper towel
- Water

Note: This will be a messy-ish project. Consider doing this outside, laying down a tarp or table cloth, wearing gloves and an overshirt.

\*Feel free to incorporate any other supplies you see fit.\*

**Technique 1:** [Drop and smear with acrylic paint and credit card](#)

**Technique 2:** [Drip and tilt](#)

**Technique 3:** **Splatter**

- [Pull-back](#)
- [Hover and tap](#)
- [Big picture splatter](#)

**Technique 4:** [Tape and spray](#)

Remember that you can mix and match all of these techniques to create your work of art!

If you have any questions or would like to share pictures of your journal, please email [scrain@denverlibrary.org](mailto:scrain@denverlibrary.org) or call the library helpline: 720-865-1111.